



**CJHS 9th grade
Cheer Tryouts
2019-2020**

March 2019

Dear Contestants and Parents,

- Please know that if you make the cheer team, it is not just a commitment during school hours; it also requires time outside of school for games and pep rally practice. These out-of-school times will be mandatory, and no absence except another school activity or unforeseen emergency (such as illness or death in the family) will be excused. If we have pep rally practice, these practices will be held on an existing game day and we will practice until time for the game.
- Our season starts in August and does not end until basketball season is over in February. We will attend all 9th grade Blue and White home football and basketball games. If your child is involved in any outside competitive sports such as cheer/dance/volleyball/basketball, your child will not be excused from any school cheer practice or ball games due to competitive events. If your child chooses to be absent anyway for competitive sports, it will result in benching at the next game and dismissal from squad if absences continue. If you feel this commitment will be a problem, please don't take the spot of someone who is willing to be committed to our school cheer/dance team. We cheer BOTH GIRLS and BOYS basketball games, which is 5:45-9ish.
- The financial responsibility will be approximately \$250. This amount offsets the cost of camp and includes accessory items the girls will need such as practice wear, poms, shoes, bows, etc.
- Your student will be expected to attend a MANDATORY cheer camp. Dates will be announced later.
- If your student makes the team, there will be a MANDATORY PARENT MEETING on Tuesday, March 26 from 6:30-7:30 in the CJHS Auditorium in the north building. Your student and at least ONE PARENT MUST ATTEND.

Cindy Brown

9th Grade PAP/On-Level English

9th Grade Cheer Coach

brownci@conwayschools.net

General Information Sheet

Tryout #: _____

Student Name	
Student Cell Phone #	
Student Birthday	
Parent/Guardian Names	
Mom Cell #	
Dad Cell #	
Address	
Parent email(s)	
Any medical info I need to know?	

Circle the stunting position you are most accustomed to:

Back Spot Main Base Secondary Base Flyer

Running Tumbling (circle all that apply):

Round off (RO) RO+BHS RO+Multiple BHS RO+Tuck RO+Layout RO+Full

Standing Tumbling (circle all that apply):

BHS Multiple BHS Tuck

Spot for standing tumbling needed? _____

Tryout Checklist:

_____ Current Physical (not needed if one is on file for 2018-2019 school year and is current; you can find the physical form on the

_____ Athletic Consent Form (not needed if one is on file for 2018-2019 school year and is current)

_____ Concussion Form (not needed if one is on file for 2018-2019 school year and is current)

_____ General Information Sheet

Please return this Signature Sheet to me with the appropriate forms above by FRIDAY, March 1, 2019 to room #2007 (upstairs English hall).

Commitment Form

I understand and agree to the commitment as outlined in the parent letter:

Student

Signature_____

Parent Signature_____

Date_____

Tryout Information

★ Tryouts will be held in the North Gym the week of March 4-7, 2019

- Monday, March 4 3:30-5:00 (Practice)
- Tuesday, March 5 3:30-5:00 (Practice)
- Wednesday, March 6 3:30-5:00 (Practice)
- Thursday, March 7 (Tryout)
- The numbers of those contestants who make the team will be posted on the Conway Athletic Website by 10pm on Friday, March 8
- In the case of inclement weather and school is dismissed or tryouts are cancelled due to impending snow/ice, we will resume the next day school is in session.

★ Practice/Tryout Clothing to be worn:

- Solid royal blue shorts
- Solid white t shirt (no designs/not see through)
- Solid white socks (no show)
- Sports bra
- White/neutral tennis shoes/cheer shoes
- No colored polish/no long fingernails
- No jewelry
- Hair back in a ponytail; no bangs in your face; no bows
- **Absolutely NO friends, family, or unauthorized person in the gym during practice and tryouts**

★ In order to try out, each person must bring the following to tryouts or have turned it in by the Friday before (March 1st) to room #2007:

- Current Physical (not needed if one is on file for 2018-2019 school year and is current)
- Athletic Consent Form (not needed if one is on file for 2018-2019 school year and is current)
- Concussion Form (not needed if one is on file for 2018-2019 school year and is current)
- General Information Sheet
- Commitment Signature

■ If these forms are not turned in by the first day of tryouts, your daughter/son will not be allowed to participate and try out.

★ A cheer/dance parent meeting FOR THOSE WHO MAKE THE TEAM will be held on Tuesday, March 26 from 6:30-7:30 pm in the CJHS auditorium in the north building. Your student and at least ONE PARENT MUST ATTEND.

